Health Center Information Update:

On Dec. 6, 2011, Thagard Student Health Center clinicians identified students with similar nausea/vomiting symptoms commonly associated with that of a stomach virus. As a precautionary measure, the health center contacted the Leon County Health Department (LCHD).

There is no established connection between the nausea/vomiting cases reported on campus with last week’s closing of several off-campus bars due to bacteria contamination.

Likewise, the recent water shut-off at Salley Hall was in response to a Dec. 2 work order for a water leak. Housing reports that leaking pipes on the 1st and 3rd floors were repaired on the evening of Dec. 6 and the water is now back on.

As we continue to learn more information, we will pass it along accordingly.

We would like to remind the Florida State community that it is cold & flu season and encourage everyone to take the appropriate precautions to inhibit the spread of germs.

- Cover your mouth and nose with a tissue when you cough or sneeze. Put your used tissue in the wastebasket.

- If you don’t have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.

- Wash hands often with soap and warm water for 20 seconds. If soap and water are not available, use an alcohol-based hand rub.

- Avoid touching eyes, nose or mouth without washing or using hand sanitizer first.

As final exam week approaches, it is also important to remember to rest, eat balanced meals and stay hydrated.

Should you experience symptoms such as low grade fever, diarrhea, nausea, vomiting and/or abdominal cramping that persist for more than 24 hours, please seek medical care.